






















Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
09.30 - 10.30 BBP Corinna	09.30 - 10.30 BBP Corinna	09.30 - 10.30 BBP Corinna	09.30 - 10.30 BBP Corinna	09.30 - 10.30 BBP Corinna	10.00 - 11.00  Michaela	11.00 - 12.30 Hot Iron Workout Mix  Sandra
Ernährungsberatung nur 99 €! 07131 649 57 90 		easy Fit - it's so easy! follow us on facebook News, Facts, Friends	 It's so easy <i>Fit</i>	easy Fit - it's so easy! follow us on facebook News, Facts, Friends	11.15 - 12.15 Hot Iron 1  Bernd	Personaltraining nur 99€! 07131 649 57 90 
		Personaltraining nur 99€! 07131 649 57 90 		easy Fit - it's so easy! follow us on facebook News, Facts, Friends	 It's so easy <i>Fit</i>	easy Fit - it's so easy! follow us on facebook News, Facts, Friends
17.30 - 18.30 BBP Susanne	18.00 - 19.00 Pilates  Sandra	18.30 - 19.30 BUSINESS BOXEN  Toni	18.00 - 19.00 Hot Iron 1  Sandra	18.30 - 19.30 Power Po  Susanne	 It's so easy <i>Fit</i>	
18.30 - 19.30  Mitsch	19.00 - 20.15 Hot Iron 2  Sandra	19.30 - 20.30  Susanne	19.15 - 20.15 Präventionskurs nach §20 Anna	19.30 - 20.30  Susanne		
19.30 - 20.30  Susanne	20.15 - 21.15  Michaela	20.30 - 21.15 BAUCH INTENSIV  Susanne	Ernährungsberatung nur 99 €! 07131 649 57 90	easy Fit - it's so easy! follow us on facebook News, Facts, Friends	 It's so easy <i>Fit</i>	
Sauna 17.00 - 22.00	Sauna 17.00 - 22.00	Sauna 17.00 - 22.00	Sauna 17.00 - 22.00	Sauna 17.00 - 22.00		